

# **DAY ONE**



## PSYCHOLOGY OF SURVIVAL

- Preparing for Disasters
- Preparing for Urban Env
- Leadership & Teamwork

#### LOCATION

- Type of Shelters
- Finding Shelters
- Making Shelters

## **WATER**

- Finding Water
- Purifying water

#### **FIRE**

- Making Fire
- Types of Fire

#### **FOOD**

- Storing Food
- Fetching Food
- Foraging for Food

## **BUILD YOUR OWN RADIO**

- Soldering basics
- Radio basics
- Build your own radio

# **DAY TWO**



## **KNOTS & LASHINGS**

- Knot basics
- Selecting knots
- Lashings

#### **KNIFE AND AXE SKILLS**

- Handling
- Taking care
- Important tips

## **NAVIGATION**

- Direction Finding
- Map and Compass Skills
- What to do if Lost

## **MEDICAL EMERGENCIES**

- First Aid
- Heat related
- Cold Related
- water related.
- Injuries
- Making your First Aid Kit

#### **ART OF HACKING**

- WiFl Hacking
- Ethernet Jack
- Hacking with O.M.G
- Lockpicking

**DAY THREE** 



- INTRO TO HAM RADIOBasic Electronics
- Rules, Regulations
- Operating Ham Radio
- Using for communication

## **SURVIVAL KIT**

- Making a Survival Kit
- Contents for survival Kit

## **URBAN SURVIVAL**

- Prevention of crime
- Escape and evasion
- Camouflage, invisibility

#### **WRAP UP**

- Feedback
- Award of Certificates
- Vote of Thanks
- Closing Remarks

# **INCLUSIONS**

- Breakfast, Lunch, Dinner
- Tent
- Basic Kits